



## Faculty Development, Engagement & Wellbeing Newsletter Fall 2024

Dear Friends and Colleagues,

We are excited to bring you the fall newsletter! We welcome and tell you a little of what we have learned about our tremendous new faculty members, celebrate promotions, and dig into ways to be involved (peer mentorship groups, upcoming events) and grow your career (career conferences, educational program).

BTW, this and all our previous newsletters are now available on the shiny new Faculty Development website! Please take a spin and please give us your honest feedback.

Kristin, Tara, and the Faculty Development Team

### In this Newsletter:

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**Faculty Development Website**

Brigham and Women's Hospital  
Pursuing Medicine. Making Lives Better.

Department of Anesthesiology, Perioperative and Pain Medicine

**Faculty Development Program**  
Our primary goal is to actively support the academic development of individuals in the Department of Anesthesiology, Perioperative, and Pain Medicine at BWH, and thereby to promote their professional fulfillment and general wellbeing.

Our department, by the numbers:  
141 18 101 33

A message from the Vice Chair and Associate Vice Chair for Faculty Development:  
The BWH Department of Anesthesiology, Perioperative and Pain Medicine consists of a happily wide-ranging and diverse set of talented clinicians, educators, and researchers. We want to share some of the inside scoop for the researchers and educators of the field who work in our department. We celebrate the many

The Faculty Development team is incredibly excited to announce our new website is now live. On it you can find:

- Faculty Directory
- Faculty Development and Wellbeing Resources
- Wellbeing initiatives
- Information on promotions, career conferences, education opportunities, and more
- All of our archived newsletters
- Highlights of recent promotions, accomplishments and new faculty
- Grand Rounds calendar and information
- And More

Please feel free to take a look and take advantage of the resources we have compiled!

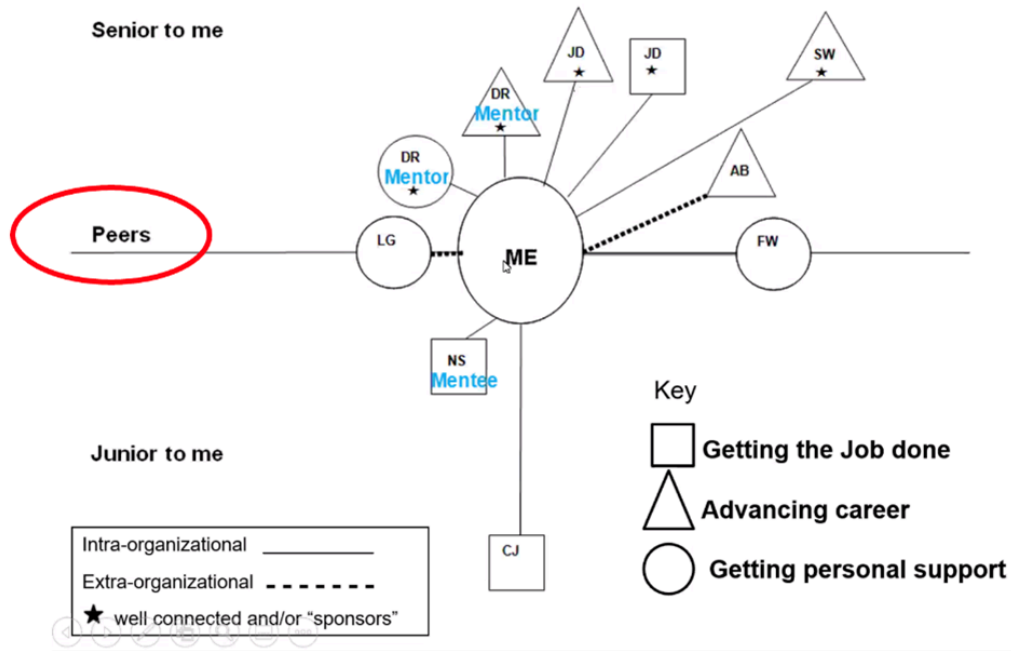
You can visit the website by using the URL below.

The URL: <https://anesfacdev.brighamandwomens.org/>

## Peer Mentoring Groups

[Click to Sign up!](#)

## Development of Individualized Mentorship Map



How many mentors does one faculty need? Well, as it turns out, it is great to have a lot, because different kinds of mentors can bring you different perspectives and support. One of the most powerful, but underutilized, resources you have is the brilliant people who are developing their career alongside you! Your peers!

As we enter the career conference season, we are excited to be continuing a project that we hope will augment all of our mentorship maps.

The idea is to connect people across divisions who are experts/ are gaining expertise in certain academic areas of interest. We currently have several of these peer mentorship groups up and running: QI, POCUS, and DEIB with a research group on the way. These will of course also be open to anyone who wants to join. Have an idea for a group not on here that you would be willing to facilitate? Let us know and we will try to help make your dream a reality!

The idea would be to give this group monetary and logistical support to organize meetings (like having a group dinner or happy hour, catering in at an on-site meeting, etc., organizing doodle polls and zooms). We don't want to be too prescriptive but let the group decide what they want to do and let it develop organically.

The overall goal is to connect people who have similar interests and encourage collaboration and idea sharing across divisions, and help people develop their academic area of interest through information-sharing, mentorship, community, and sponsorship.

Would this be something that you were interested in participating in? Just let us know if you would like to join any of these peer mentorship groups by clicking on the link below

[Click to Sign up!](#)

## Career Conferences

Career Conferences are underway! Everyone in the department are/will be meeting with their career conference leader to talk about their progress and opportunities for growth and advancement in their career. This is an excellent time to reflect on goals and identify some barriers which your conference leader/administrative help may be able to assist you in overcoming.

If you have not already done so, please be sure to have your CV up to date in EasyCV and fill out the Career Conference questionnaire located on the bottom of your EasyCV profile prior to your conference with your Conference Leader. Filling this out helps us know what people need, and can help to structure your conference, since your conference mentor will be able to access it in advance.

We will be sending out a reminder and link to the career conference leaders in the next couple of weeks!

If you need help scheduling your career conference, please reach out to your administrative assistant!

If you need an Easy CV account, please contact Nancy Axelrod ([naxelrod@bwh.harvard.edu](mailto:naxelrod@bwh.harvard.edu))

[Click for EasyCV](#)

## Welcome to New Faculty

The Faculty Development team would like to welcome and spotlight some of the new faculty joining us.



Dr. Petra Majdak continues her journey with BWH following her anesthesia training which she received right here. Dr. Majdak is most interested in Interventional pain management. If she were undergoing induction by general anesthesia, she couldn't think of a cooler "outro" than the song 'Enter Sandman' by Metallica. Dr. Majdak is from Harrison New York.



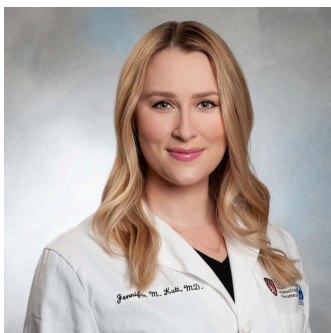
Dr. Richard Bremer is from Detroit Michigan. Dr. Bremer completed his medical school at Wayne State University followed by residency in anesthesia right here at BWH. He is most interested in general or ambulatory anesthesia. If Dr. Bremer were undergoing induction by general anesthesia he would choose to listen to the song 'Harder to Breathe' by Maroon 5!



Dr. MJ Kramer is from New York. Dr. Kramer attended Georgetown University School of Medicine for medical school and then came here to BWH for her anesthesia residency and remained here for her cardiothoracic anesthesia fellowship. She is particularly interested in cardiac anesthesiology. If Dr. Kramer were undergoing induction by general anesthesia she would choose to listen a nice regular, high pitched pulse ox tone.



Dr. Danielle Binler joins us from the Rush Medical College, UCSF where she completed her medical and anesthesia training. Dr. Binler is most interested in pain medicine and if she were to undergo induction by general anesthesia, she would choose to listen to the song 'Lavender Haze' by Taylor Swift! Dr. Binler calls Huntington New York home.



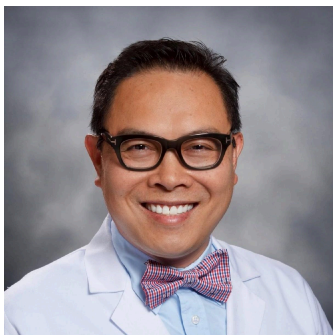
Dr. Jennifer Kutt is from Londonderry New Hampshire. Dr. Kutt completed her medical school and anesthesia training right here at BWH. She is most interested in regional anesthesia. If Dr. Kutt were undergoing induction by general anesthesia she would choose to listen to the song 'Good Luck, Babe' by Chappell Roan!



Dr. Greg Galanti is from Cape Cod though he considers Boston more of a home at this point. Dr. Galanti attended Boston University for medical school and then came here to BWH for his anesthesia residency and fellowship. He is particularly interested in OB anesthesiology. If Dr. Galanti were undergoing induction by general anesthesia he would choose to listen 'Hazy' by Glass Animals.



Dr. Chan Lee considers anywhere his family is to be home which all started in Seoul, Korea. Dr. Lee completed his medical school at Yonsei Medical school in Korea and his anesthesia residency at Indiana University. He enjoys a variety of cases and nerve blocks and is also interested in translational research. If Dr. Lee were undergoing induction by general anesthesia he would like to listen to a nice lullaby such as 'The Sweet Kitty' sung by the staff of the OR!



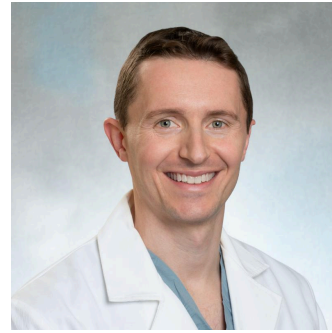
Dr. Rich Estacio is from Toronto Ontario. Dr. Estacio completed his medical school and anesthesia training at University of the City of Manila and the University of Miami. He is most interested in regional anesthesia. If Dr. Estacio were undergoing induction by general anesthesia he would choose to listen to the song 'Banana Pancakes' by Jack Johnson!

*More new faculty features coming your way soon!*

## Faculty Promotions

*We have been working to develop a robust system to facilitate the sometimes difficult and long path to promotion. We have a lot of amazing people in our department and want to help them be officially recognized with advancement through the system. Please join us in congratulating everyone promoted for their hard work and dedication!*

**Dr. Matt Grunert**  
*Promoted to Assistant Professor*



**Dr. Nicolai Goettel**  
*Appointed as Associate Professor*



**Dr. Matt Allen**  
*Promoted to Assistant Professor*



Questions about what the academic promotion tracks are, what is typical for a given level, and want to ask questions about when you might be ready for your own promotion? Please reach out to Kristin ([klschreiber@bwh.harvard.edu](mailto:klschreiber@bwh.harvard.edu)) or indicate it on your career conference form.

### **Ask Kim About Promotions**

Questions about logistics of the promotions process? Please contact Kim Katz for answers regarding the first steps, required paperwork and letters. She is on L1 in office L142 at the end of the Anesthesia hallway and is happy to give you an overview of the process. Stop by or email Kim at [KKATZ1@PARTNERS.ORG](mailto:KKATZ1@PARTNERS.ORG).

## **Dr. Malik's Mission Trip to Gambia**



Dr Tim Smith and his resident organized this partnership with the Gambia's only neurosurgeon, Dr John Jabang. This was the inaugural trip and their goal is to form a long term partnership where they go at least once, ideally twice, a year to help build up a neurosurgical team there. This trip included me, Tim, his resident, and his fellow. In the future they're hoping to expand the team and I think it would be a great opportunity for our residents or faculty who are interested.

I was the sole anesthesiologist for the small hospital we were working at for the week. We did 5 cases including the country's first ever pituitary surgery. Over the course of the week I was lucky to be able to do cases ranging from a 3 month old getting a VP shunt to elderly patients having large parafalcine tumor resections (our longest case was 12 hours, ending around 1am!).

I had to run anesthetics with halothane and pancuronium (both new experiences for me!), adapt to their lack of resources including no arterial line, no pressors, re-using ETTs and oral airways for multiple patients, limited access to blood, not having reversal agents, and most of the time not even having EtCO2 monitoring. Not to mention the constant intra-op power outages where I was hand-bagging under the drapes! Doing these large cases with minimal resources gave me such a newfound appreciation for our specialty and how important our jobs are, and also how privileged we are to work at a hospital like Brigham with access to any and all resources.

I also visited the medical school in Gambia, taught their residents (including teaching scalp blocks which they've never done in the country), and visited the US embassy there to meet with the US ambassador and talk about our work in The Gambia.

This trip couldn't have been possible without the department approving my time off. I think forming global surgery partnerships with our surgery colleagues is important for our department and I'm excited to keep fostering this with the neurosurgery department. Thank you again for accommodating something I'm truly passionate about.

-Dr. Hinna Malik

## Faculty Parental Wellness Program



Are you an expectant or new parent? The **Faculty Parental Wellness Program** is designed to improve the personal wellbeing and professional productivity of expectant and new parents who are faculty at MGH, BWH, BWFH, and MEE. We welcome all family types and invite participants to join the program early in the expectant phase (pregnancy or adoption) through the first year of your child's life. We support individuals who meet the following criteria:

1. Faculty at MGH, BWH/BWFH, and MEE
2. Expectant parents or new parents with a child < 6 months

**We welcome faculty of all genders and gender identities. You do not have to be a first-time parent - we welcome all!**

If you would like to participate in the program as an expectant or new parent (child <6 months of age), please indicate your interest by completing [this form](#). We encourage you to join early in your pregnancy to take full advantage of the program!

[Sign Up](#)

## Other Links to Faculty Development Resources

[Brigham and Women's Faculty Development & Wellbeing](#)

[CV and Promotions Guide](#)

[HMS Office of Faculty Development: OFA Faculty Development](#)

[Faculty of Medicine Handbook](#)

[Visit our Wellbeing & Support resources on our Intranet](#)

[BWH Wellbeing: Faculty Well-being Resources](#)



## Upcoming Events

**October Grand Rounds** (*tentative schedule*)

10/2/24: 7AM **Dr. James Philip** - Improving Patient Care through Engineering

10/2/24: 8AM- **Dr. Kai Zacharowski**- From Blood Health to Patient Blood Management

10/9/24: 7AM **Dr. Amos Lal**- Digital Twin Technology in Intensive Care Medicine

10/9/24: 8AM **Dr. Daniela Lazea** - M&M

10/16/24: 7AM **Dr. Beverly Philip** - Becoming a Leader- Your Career, Your Life

10/16/24: 8AM- Division Meeting

10/23/24: 7AM **Nimra Taqi** - IP/Patents

10/23/24: 8AM **Bruce Tedeschi** - IP/Patents

10/30/24: 7AM-9AM **Dept of Surgery**-MDGR

**November Grand Rounds**

11/6/24: 7AM **Dr. David Preiss**- Perioperative Operations: No Questions Please

11/6/24: 8AM- Faculty/CRNA Meeting

11/13/24: 7AM **TBA**

11/13/24: 8AM **TBA**

11/20/24: 7AM- **Dr. Gerard Doherty**- MGB Cancer Care Vision

11/20/24: 8AM- **Dr. E. A. Chiocca**- Combined Vision: MGB Cancer and Neurosurgery

**11/27/24: 7AM-9AM Thanksgiving No Grand Rounds**

**December Grand Rounds**

12/4/24: 7AM **Dr. David Hepner**- ACC/AHA

12/4/24: 8AM- Division Meeting

12/11/24: 7AM **Dr. Alex Stone**-Pre-Op Nerve Blocks for Hip Fracture: Expanding Access to Advanced Acute Pain Treatments

12/11/24: 8AM **Dr. Daniela Lazea**- M&M

12/18/24: 7AM-9AM Holiday Breakfast

**12/25/24: Holiday Break No Grand Rounds**

**Workshops****Zoom Presentation: Getting Promoted from Assistant to Associate Professor**

10/7/2024 3:30pm to 5:00pm

Location: Zoom Video Conferencing

**Zoom Presentation: Getting Promoted from Associate to Full Professor**

10/28/2024 3:30pm to 5:00pm

Location: Zoom Video Conferencing

**Zoom Presentation: Crafting Your Faculty of Medicine CV**

11/4/2024 3:30pm to 5:30pm

Location: Zoom Video Conferencing

## Zoom Presentation: Getting Promoted from Instructor to Assistant Professor

11/18/2024 3:30pm to 5:00pm

Location: Zoom Video Conferencing

Recorded Zoom Presentations: Getting Promoted from X to X Professor can be found here: [Promotion and CV Video Library | Harvard Medical School](#)

### Upcoming Brigham Social Club Wellness Events

*Are you a social butterfly with lots of fun event ideas? Are you excited to get to know your classmates and colleagues outside of the operating room? If so, The Brigham Social Club is the place for YOU! The Brigham Social Club is a group of Brigham Anesthesia members committed to building community and supporting wellbeing. The BSC is open to all members of the department. We host monthly events, such as Apple Picking, Lunar New Year Lunch, Trivia Night, and the annual Ski Trip. Commitment is minimal-- just 4 virtual meetings per year! Email Cathleen McKeating to sign up.*

*Sincerely, Cathleen McKeating*

### Upcoming Schedule

- October 27: Glottic Open
- November 2: Tea & Telescopes with Art Formanek
- December: Holiday Card Display

### Other Wellbeing Resources:

- [Visit our Wellbeing & Support resources on our Intranet](#)
- [BWH Wellbeing: Faculty Well-being Resources](#)

### Pictures from the recent Brigham Social Club Events: Apple Picking at Belkin Family Farm





**Pictures from the recent Brigham Social Club Events: The Clambake**





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